

# Discovering Your Personality Spectrum

## Live Workshop

- ▶ Identify your personality preferences with the Spectrum Survey™
- ▶ Understand Blue, Gold, Green, and Orange personality styles
- ▶ Correctly identify the values and strengths of each temperament
- ▶ Discover the history of the Insight Personality System™
- ▶ Acquire the ability to identify the colors of those around you

The *Discovering Your Personality Spectrum* course is our fundamental 6 hour workshop designed to introduce you to the Insight Personality System and identify your personality spectrum.

The course is highly interactive, engaging, and entertaining. It consists of a carefully designed combination of 20% lecture, 50% hands-on exercises, and 30% discussion. Course facilitators use hundreds of slides and dozens of original group learning activities.

Course participants consistently rate this program as, "the best training I have ever attended." This course is so powerful that it can enhance and improve just about every aspect of your life. Our dynamic facilitators are confident they can provide you with the power to immediately increase the quality of your life, as well as the lives of your family, friends, and associates.

Because it lays the foundation for all other Insight educational courses, *Discovering Your Personality Spectrum* is a prerequisite course that must be completed before enrolling in other Insight courses.



6 CE approved through LPCA of Georgia  
Related hours are granted for social workers and MFTs

1 PLU offered through Georgia DOE when taken in conjunction with  
Teaching in the Nexus

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*Teaching in the Nexus: Insights on Education* follows this course which explains how each personality type approaches the educational process. Designed for professional teachers, trainers, counselors, administrators, coaches, and parents, this course builds on the foundation established by the prerequisite *Discovering Your Personality Spectrum* course.

## Workshop Facilitator:

**Nathan K. Bryce** is the author of an extensive collection of books, training presentations, course materials, lesson plans, news articles, Internet resources, software programs, and multimedia publications, all of which teach a variety of cognitive, social, personal, family, and employment skills that help people succeed in life.

In 1994, he invented and patented the Insight Personality Instrument™, the first of dozens of products he created to help people understand human temperament. His latest projects include the 370-page book, *Standing Naked in the Shower: Life-Enriching Insights That Expose Human Nature*, the *Discovering Your Personality Spectrum* course, and the *Teaching in the Nexus* course.

**WHEN:** Tuesday, January 8, 2008  
Registration: 8:30am  
Instruction: 9:00am-4:30pm

**WHERE:** Merz Consulting, Inc.  
55 International Parkway  
Adairsville, GA 30103

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**COST:** \$195.00 per person/\$175.00 LPCA members